# International Women's Day Communities Programme

# CELEBRATE IWD - GOAL Alliance CiC 3rd March - 11am to 2pm

## Adderley Children's Centre**,** 1 St Saviours Road, Alum Rock, B8 1HN

Join us to celebrate a new exhibition of inspirational stories and remarkable accounts of journeys across the continent from our women's group. Also hear from an inspirational speaker. Refreshments included.

# ERDINGTON LABOUR WOMEN'S FORUM - 7th March - 2pm to 4pm

#### Chris Bryant Centre YMCA, 300 Reservoir Road, Erdington, B23 6DA A celebration of local women through music,

poetry, storytelling and craft activities for all. Refreshments are also included. Donations for the Foodbank are welcome.

# EXPRESS YOURSELF ERDINGTON 8th March - 12.30-2.30pm

## Active Arts, Secret Art Studio Space, 20 Central Square, Erdington,

The women of Erdington Arts Forum want to treat you in our new space. Enjoy a light afternoon tea while you express your thoughts and opinions through arts, crafts or a good old natter Completely free. **Book a place in advance** with claire.marshall@icloud.com

# TEA PARTY for Women & Children 8th March - 3pm to 5pm

#### Bulls Head - upstairs section,

#### The Green, Kings Norton, B38 8RU

A celebratory community event to discuss issues affecting local women. We will have stalls from local organisations, activities for children, inspirational speakers and some gentle entertainment. Refreshments included.

# SCARVES & SELFIES 6th March - 11am to 2pm

## Chinese Community Centre, 99 Bradford Street, B12 ONS

Bring your favourite scarf, the one that makes you feel glamorous and is sentimental. Join in our group selfie session. Lunch is available for a small charge. Men are welcome too. **Call Chloe Yip 0121 685 8510 to book a place** 

# SLAVIC WOMEN'S DAY 7th March - 1pm to 5pm

Six Ways Erdington Baptist Church, Wood End Road, Erdington, B24 8AD Enjoy good food in the spirit of Slavic womanhood! Creative make-up with Slavic motives, photoshoots, Slavic food and songs, Eastern European crafts. FREE Drop in

# WOMEN'S PAMPER DAY 8th March - 1pm to 3pm

## The Haven Community Project, 54 Rilstone Road, Quinton, B32 2NR

Indulge in some 'me time' with pampering over a warm drink and a natter with local friends. Food from around the world to indulge in. Refreshments and activities for children. 'Bring and Share' lunch included. **Register with Jade at Haven** 

# BADMINTON & CRAFT TEA PARTY 8th March - 3.30pm to 6pm

### Stechford Baptist Church, 74 Victoria Road, Stechford, B33 8AH

Bring a teacup and saucer and meet new people. Play badminton indoors/outdoor or spend time with the Sip & Stitch group. Taste amazing teas then enter it in the 'Cutest TEACUP' Competition.

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## LAUGHING YOGA & SELF LOVE 8th March - 3pm to 6pm

Midland Arts Centre, Cannon Hill Park,

NEAR NEIGHBOURS EVENT: A fun and inspiring workshop of Laughing Yoga with Vidya Patel followed by self love and Leadership. Includes light buffet. Email to book: jess@nearneighbours.com

#### WINDRUSH WOMEN CELEBRATION 9th March - 12pm to 2pm

Soho Community Hall,

#### 49 Chapel Street, Soho, B21

Windrush Women 50+ to share their stories through word, poetry, song, wisdom to the younger, next generation of women. Igniting the spirit of the MIND, BODY AND SOUL to celebrate WOMEN.

# WORDS OF INSPIRATION 11th March - 10.30am to 2pm

Highfield Hall Community Centre, 127-130 Highfield Road, B28 OHS

Come and enjoy an uplifting event involving listening to & discussing stories, performed by local women. Hosted by author Abda Khan. Book Here: Robina Iqbal on 0121 439 2690

#### REAL WOMEN & HONEST CONVERSATION 15th March - 11am - 3pm

Moseley Exchange, 149 Alcester Road, Moseley, B13 8JP

A day for women to celebrate their well being. Share strategies and stories of overcoming challenges that affect our mental health and well being. Includes discussion, celebration, creativity and mindfulness. A healthy and vibrant lunch is included. **Register by email** <u>rhiannon@moseleyexchange</u>



## LADIES GAMES NIGHT 8th March - 6pm to 9pm

St Margaret's Church , Unity Hubb, Wallbank Road, B8 2EX

Play games from your childhood with your loved ones, friends and community. All women and girls welcome. The evening will be full of fun playing games, sharing food and letting your hair down. **Contact Rashta Butt 07455 242 156** 

GHBOURS

## BADMINTON & CRAFT TEA PARTY 9th March - 6.30pm to 9.30pm

Stechford Baptist Church, 74 Victoria Road, Stechford, B33 8AH

Bring a teacup & saucer to meet new people. Play Badminton indoors and outdoor, spend time with the Sip & Stitch group. Taste AMAZING Teas then enter it in the 'Cutest TEA-CUP' Competition.

### ISRA WOMEN'S FESTIVAL 13th March - 6pm to 9pm

354 Stratford Road, Sparkhill, B11 4AA

An evening of celebrating your favourite traditional outfit and what it means to you. Bring along a favourite picture to share a story from a special occasion. **Women Only event** 

